**What Type of Learner are You?**

**Directions:**  Circle the best answer for each question.

**1. If I have to learn how to do something, I learn best when I:**
a. Watch someone show me how.
b. Hear someone tell me how.
c. Try to do it myself.

**2. When I spell, I verify accuracy by:**
a. Looking at the word to see if it looks correct.
b. Sounding the word out in my head.
c. Getting a feeling about the correctness of the spelling.

**3. When asked to give directions, I:**
a. See the actual places in my mind as I say them or prefer to draw them.
b. Have no difficulty giving them verbally.
c. Have to point or move my body as I give them.

**4. When I have to remember a list of items, I remember them best if I:**
a. Write them down.
b. Repeat them over and over to myself.
c. Move around and use my fingers to name each item.

**5. When solving a problem, I:**
a. Write or draw diagrams to see it.
b. Talk myself through it.
c. Use and/or move objects to help me think.

**6. When I am adding numbers, I verify my answer by:**
a. Looking at the numbers to see if they are correct.
b. Counting the numbers in my head or out loud.
c. Using my fingers to get a feeling if it is correct.

**7. When trying to recall names, I remember:**
a. Faces more easily than names.
b. Names more easily than faces.
c. The situation or the meeting more easily than names or faces.

**8. Before going to sleep at night, I appreciate that:**
a. The room is dark.
b. The room is quiet.
c. The bed feels comfortable.

**Results:  Write in how many of your answers was each of the following letter choices:**

a:                                 b:                                 c:

*mostly a’s – visual learner; mostly b’s – auditory learner; mostly c’s – kinesthetic learner*

*The original webpage for this quiz can be found at:* [*http://gallatin.montana.edu/programs/tools/type.php*](http://gallatin.montana.edu/programs/tools/type.php)