

# Lenten Prayer Journey

Lent is the forty-day season in which believers prepare for Easter through repentance, reflection, and renewed trust in Christ. This prayer challenge invites you to pause each day and pray using God's Word, letting Scripture guide your prayers for others and for the world. Each day includes a Bible verse and a short prayer prompt to guide your focus. Notice that Sundays are not counted in Lent, as they are always celebrations of Christ's resurrection—"little Easters" marked by joy. May this journey deepen your faith and fix your heart on Christ alone.

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>FEB 18</b> Matthew 28:19-20 <b>Pray:</b> God, be with your people always.	<b>FEB 19</b> Psalm 50:15 <b>Pray:</b> God, hear your people and deliver them in times of trouble.	<b>FEB 20</b> Matthew 11:28 <b>Pray:</b> God, give rest to those who feel weary and burdened.	<b>FEB 21</b> Psalm 121:7 <b>Pray:</b> God, watch over and protect your people from harm and danger.
<b>FEB 22</b>	<b>FEB 23</b> Matthew 6:30-33 <b>Pray:</b> God, free your people from worry and help them trust your providence.	<b>FEB 24</b> Deuteronomy 31:6 <b>Pray:</b> God, assure your people you will never forsake them in trials or need.	<b>FEB 25</b> 1 John 1:9 <b>Pray:</b> God, forgive the penitent their sins and cleanse their hearts.	<b>FEB 26</b> Psalm 103:11-12 <b>Pray:</b> God, remove guilt from hearts that seek your mercy and grace.	<b>FEB 27</b> Lamentations 3:22-23 <b>Pray:</b> God, teach your people to be thankful for your grace and mercy.	<b>FEB 28</b> Romans 8:1-4 <b>Pray:</b> God, teach your people to rest in Christ's righteousness.
<b>MAR 1</b>	<b>MAR 2</b> John 6:37 <b>Pray:</b> God, draw repentant hearts to you and keep them safe.	<b>MAR 3</b> Matt. 9:12-13 <b>Pray:</b> God, guide your people to have compassion on others and share your love with them.	<b>MAR 4</b> Hebrews 8:12 <b>Pray:</b> God, help everyone believe that you forgive all sins for Jesus' sake.	<b>MAR 5</b> John 3:16 <b>Pray:</b> God, teach your people to rejoice for the gift of eternal life.	<b>MAR 6</b> Ephesians 2:8-9 <b>Pray:</b> God, turn hearts in faith to trust and receive your gift of grace.	<b>MAR 7</b> 2 Corinthians 5:17 <b>Pray:</b> God, renew the hearts of all in Christ as new creations.

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<b>MAR 8</b>	<b>MAR 9</b> Romans 4:5 <b>Pray:</b> God, help all trust your gift of righteousness through Christ alone.	<b>MAR 10</b> Romans 8:15 <b>Pray:</b> God, empower your people to live without fear as your sons and daughters.	<b>MAR 11</b> John 14:19 <b>Pray:</b> God, strengthen those who believe in eternal life with you.	<b>MAR 12</b> 2 Corinthians 12:9a <b>Pray:</b> God, send your strength to all who are weak, that they may endure today.	<b>MAR 13</b> 2 Corinthians 12:9b <b>Pray:</b> God, let your strength be revealed in the weakness of many.	<b>MAR 14</b> Psalm 34:18 <b>Pray:</b> God, comfort the brokenhearted and lift all who suffer.
<b>MAR 15</b>	<b>MAR 16</b> Psalm 34:4 <b>Pray:</b> God, free all who are afraid and deliver them by your Word.	<b>MAR 17</b> Isaiah 40:29 <b>Pray:</b> God, strengthen the weary and sustain those lacking in might.	<b>MAR 18</b> Romans 5:3-5 <b>Pray:</b> God, grant perseverance to those enduring trials today.	<b>MAR 19</b> Proverbs 3:5-6 <b>Pray:</b> God, guide all who make decisions and direct their paths today.	<b>MAR 20</b> Psalm 119:105 <b>Pray:</b> God, let your Word teach and guide all to follow your ways.	<b>MAR 21</b> James 1:5 <b>Pray:</b> God, give wisdom generously to all who seek it.
<b>MAR 22</b>	<b>MAR 23</b> Philippians 4:7 <b>Pray:</b> God, ease all troubled hearts and grant them peace and understanding.	<b>MAR 24</b> Philippians 2:12-13 <b>Pray:</b> God, help your people serve faithfully, guided by your Spirit and will.	<b>MAR 25</b> John 15:5 <b>Pray:</b> God, guide all believers to bear good fruit today and always.	<b>MAR 26</b> 1 John 4:19 <b>Pray:</b> God, fill the hearts of your people to love others as you first loved.	<b>MAR 27</b> Matthew 5:7 <b>Pray:</b> God, inspire your people to show mercy to others as you show mercy.	<b>MAR 28</b> Matthew 5:16 <b>Pray:</b> God, use your people to glorify your name through acts of kindness.
<b>MAR 29</b>	<b>MAR 30</b> Matthew 5:9 <b>Pray:</b> God, raise peacemakers to bring reconciliation everywhere.	<b>MAR 31</b> Ephesians 4:32 <b>Pray:</b> God, strengthen hearts to forgive as you have forgiven.	<b>Apr 1</b> John 6:40 <b>Pray:</b> God, may you move all hearts to trust in Christ's resurrection.	<b>Apr 2</b> John 14:2 <b>Pray:</b> God, help your people remember the eternal rooms you have prepared.	<b>Apr 3</b> Revelation 21:4 <b>Pray:</b> God, comfort those who mourn and wipe away their tears.	<b>Apr 4</b> Revelation 21:5-7 <b>Pray:</b> God, renew the world and restore all creation fully.